



Monthly Personal Training Packages

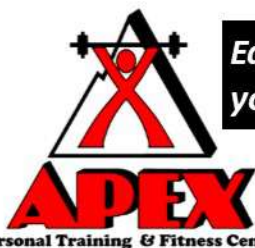
Save even more by making an ongoing monthly commitment to personal training. The longer your com-

15 minute sessions/week	3 months	6 months	12 months
1	\$100/month	\$92/month	\$84/month
2	\$200/month	\$184/month	\$168/month
3	\$300/month	\$276/month	\$252/month
4	\$400/month	\$368/month	\$336/month

30 minute sessions/week	3 months	6 months	12 months
1	\$176/month	\$156/month	\$140/month
2	\$352/month	\$312/month	\$280/month
3	\$528/month	\$468/month	\$420/month
4	\$704/month	\$624/month	\$560/month

45 minute sessions/week	3 months	6 months	12 months
1	\$256/month	\$228/month	\$204/month
2	\$512/month	\$456/month	\$408/month
3	\$768/month	\$684/month	\$612/month
4	\$1024/month	\$912/month	\$816/month

60 minute sessions/week	3 months	6 months	12 months
1	\$332/month	\$292/month	\$260/month
2	\$664/month	\$584/month	\$520/month
3	\$996/month	\$876/month	\$780/month



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